



CANCER SUPPORT SERVICES

SYLVESTER NUTRITION TEAM

Your diet is key for healing and long-term wellness.
Your doctor may recommend a visit with a Dietitian/Nutritionist.
Your visit with our team will be free of charge.

The Sylvester Team are experts in nutrition care. We know cancer treatment can cause side effects that make it hard to eat. Our Dietitians can give you tips to manage these side effects. They can help you meet your needs through a healthy diet or, if you cannot eat by mouth, through a feeding tube in the stomach or intravenous (IV) nutrition through the arm.

HOW CAN OUR TEAM HELP WITH THE HEALING PROCESS?

- Boost energy levels
- Support weight gain
- Increase muscle strength
- Improve side effects such as appetite loss
- Limit hospital visits
- Improve treatment tolerance
- Help with symptoms such as nausea
- Assist with weight loss if needed

WHAT DOES A NUTRITION VISIT LOOK LIKE?

Our team will help you make an appointment at one of our clinics. You can also request a telehealth visit. The first session lasts one hour in order for our team to assess your needs and set goals to boost your nutrition health. We will provide you with educational material specific to your needs during the visit or via email. Lastly, our team will set up follow-up visits as needed and track your progress.

305-243-4129 | [Click to Learn More](#)

