

How can an AYA Program help?

Our AYA Program provides specialized, multidisciplinary treatment and care for adolescent and young adult patients, and our world-class team is here to meet your unique needs. Some areas of support include:

- Specialized clinical expertise for AYAs
- Fertility Preservation (Oncofertility) services
- Health Insurance/Financial Counselors
- Psychological services
- Registered Dietitians/Nutritionists
- Clinical trial facilitation and education
- Integrative Medicine
- AYA Patient directed activities and events
- Networking and Support Groups



Contacts

AYA Program

Tel: 305-331-3109 or SylvesterAYA@miami.edu

- AYA Coordinator
- Social Worker
- AYA Support Group
- AYA patient directed activities and events

Male Fertility Preservation

Tel: 305-243-9082

- Sperm Analysis
- Sperm Banking

Female Fertility Preservation

Tel: 305-243-8642

- Fertility preservation counseling
- Egg and Embryo Freezing
- Ovarian Suppression

Financial Counseling

Tel: 305-689-7079

- Health insurance
- Financial counseling

Cancer Support Services

Tel: 305-243-4129

- Chaplain/Spiritual Care
- Registered Dietitians/Nutritionists
- Psychiatrists
- Psychologists
- Complementary Medicine

Clinical Trials Information Center

Tel: 305-243-2647

- Clinical trial facilitation/education

Survivorship

Tel: 305-243-3138

- Transition to survivorship services
- Navigating life after treatment



ADOLESCENT & YOUNG ADULT (AYA) ONCOLOGY SERVICES



Our Mission

We strive to not only help you combat cancer, but to encourage a healthy lifestyle, support you along this journey and contribute to your overall quality of life.



IN PURSUIT OF YOUR CURE.™

What is an AYA Program?

Our AYA (Adolescent and Young Adult) Program is designed to better serve the young adult population of cancer patients (15 to 39 years of age). You may be attending school, starting a career, dating or in a relationship, or planning for or raising children. A cancer diagnosis does not fit into these plans and goals, and can cause significant disruption. The AYA Program strives to help young adult cancer patients overcome these challenges.



“Just a couple months after my 24-year-old daughter was diagnosed with an anaplastic ependymoma tumor, my mother passed away. Needless to say, those months were the beginning of a very rough road for my family. But the day I met Sylvester’s team of social workers through AYA the road got easier. They helped us in ways we didn’t know we needed. They were so compassionate. I can truly say if it hadn’t been for them, I don’t know how I would have made it this far. I am forever grateful.” -AYA Parent

Support Services

The Sylvester Comprehensive Cancer Center, part of UHealth—the University of Miami Health System; is the only academic institution in the region that has an AYA (Adolescent and Young Adult) Program offering a diverse set of services and programs directed to improving the lives of our AYA patients.

We provide clinical and complementary services that are comprehensive and tailored to the needs of AYAs with a cancer diagnosis.

Fertility Preservation, Male and Female

Cancer treatments can have a major impact on fertility and can impair a person's ability to have children later in life. Fertility preservation or oncofertility, is the process of saving or protecting eggs, sperm, or reproductive tissue before cancer treatments so that a person can use them to have biological children in the future.

Clinical Trials

Clinical trials are aimed at improving survival rates or reducing side effects or late effects of cancer through novel drugs and therapies tailored to our AYA patients.

Cancer Support Services

Complimentary Therapies are available such as Yoga, Music Therapy, Art Therapy, Nutrition, Acupuncture and Massage. These therapies are used alongside conventional clinical treatments and can provide comfort and help you feel more relaxed and offer much needed extra support before, during and after your treatment.

Psychosocial Support

All AYA patients with cancer and their families have access to the highest quality age appropriate psychosocial and supportive care services.

Social Services

AYA patients have access to the full range of support services for which they are eligible such as accommodations near the hospital, financial assistance with transportation, and assistance in problem solving around childcare issues for families with limited resources.

Financial Counseling

Help with insurance navigation, payment plans and financial services are available.

AYA Support Groups

Our AYA Support Groups are therapeutic environments where patients of like ages can build supportive relationships amongst their peers, enhance coping strategies, and increase their knowledge base.

Survivorship

At the end of your treatment, support services are available to help with the transition back into normal life.
