# The UHealth PRO Initiative: Providing Personalized Care IN PURSUIT OF YOUR WELLNESS

The Sylvester Comprehensive Cancer Center, part of the UHealth System, introduces an initiative to provide personalized care by evaluating your practical and nutritional needs, emotional well-being and physical symptoms prior to your scheduled appointment to help us guide and optimize your visit.

## WHAT IS THE UHEALTH PRO INITIATIVE?

The UHealth Patient Reported Outcomes (UHealth PRO) Initiative is designed to ask about your needs specific to your care at Sylvester. This initiative also monitors any emotional and physical symptoms you might be experiencing prior to your scheduled appointments.

This initiative offers a comprehensive and personalized approach to cancer care that extends beyond your clinic appointment and helps inform your health care team about any practical needs, and nutritional, emotional or physical concerns you may have.

You will have the opportunity of completing a customized questionnaire through the online *MyUHealthChart Patient Portal* that is connected to your medical record and thus available to your health care team.

### The questionnaire addresses the following areas:

- Practical Needs (e.g., transportation)
- Nutritional Needs (e.g., weight gain/loss)
- Emotional Well-being (e.g., fear, anxiety)
- Physical Symptoms (e.g., pain, fatigue)

### WHO IS ELIGIBLE?

- The UHealth PRO Initiative is available to all patients who are scheduled for a medical appointment at Sylvester.
- Participation in the UHealth PRO Initiative does not replace the healthcare that you receive from your team at Sylvester—it is intended to enhance your experience during your appointment.

#### HOW DO I COMPLETE MY QUESTIONNAIRE?

- You will receive an appointment reminder message 3 days before your scheduled visit with a link that asks you to sign in to your MyUHealthChart Patient Portal.
- You may complete the questionnaires by using the MyChart application on your smart phone or tablet, or by going to the MyUHealthChart.com website using any browser on a desktop or laptop computer.

- You can sign in with the access code that was provided at your last visit. The access code can be found in your after-visit summary (AVS). If you do not have an AVS code or have difficulty signing in please contact (877) 448-1773 for assistance.
- If using the *MyChart* application, you will be directed to your home page where you will select the image "Messages" to view your visit message.
- If using the *MyUHealthChart* website, hover over the image "Messaging" and use your mouse to select "Messaging Center" to view your visit message.
- Open the message with the subject line "You have an upcoming appointment." Then select the link that says, "Please click here to navigate your questionnaires" to begin your questionnaire.

### WHAT HAPPENS WITH MY QUESTIONNAIRE RESULTS?

- Once you complete your questionnaire, results are sent immediately to your medical or supportive care services teams (e.g., Social Workers, Dietitians) via your medical chart.
- Based on your responses, you may be contacted by phone prior to arriving to your appointment to review your results.
- In some cases, your provider may review your results with you during your scheduled visit.
- The questionnaires are intended to identify needs, concerns or problem areas related to your care at Sylvester. If your scores and discussion with your medical team deem it appropriate, a referral to social work, nutrition and/or other medical providers may be made.

## BENEFITS OF USING THE MYUHEALTHCHART PATIENT PORTAL

*MyUHealthChart* is your secure online health connection to access your medical records online. It provides a convenient method to communicate with your doctors, access test results, request prescription refills, manage your appointments and complete questionnaires.

# **UHEALTH PRO CONTACT INFORMATION**

If you have questions or would like more information, please contact the UHealth PRO Initiative by phone (305) 243-8864 or email to UHealthPRO@miami.edu.



