



Community Health Needs Assessment Implementation Plan 2021

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Community Benefit Committee Members

Special thanks to our Community Benefit Committee for all they do to move health equity forward in Miami-Dade County and beyond. This dynamic group set the wheels in motion for identifying our top priority areas of focus and lends their expertise in the development and implementation of this plan.

Zubair Ansari
Kilan C. Ashad-Bishop, Ph.D.
Shelita Bailey
Richard J. Bookman, Ph.D.
Amar R. Deshpande, M.D.
Susanne Doblecki-Lewis, M.D.
Maria V. Ferraris, M.Ed., M.S.P.M.
Sirisha Gaddipati

Lisa Gwynn, D.O., M.B.A.,
M.S.P.H., F.A.A.P
Amy Gyau-Moyer, M.S., M.B.A.
Viviana E. Horigian, M.D., M.H.A.
Roderick K. King, M.D., M.P.H.
Katie Klose
Mary Lanham
Laura Menendez
Tatiana Perrino, Psy.D.

Sophia Pines
Rick Y. Lin
Diana Lourdes Rodriguez, C.P.A.
William Scola
Maura Shiffman, M.P.H.
Amanda M. Soto
Dinah Trevil, M.P.A.
Alexa Turpin

“ Individually, we are one drop. Together, we are an ocean.”

– Ryunosuke Satoro

Introduction

The University of Miami Health System delivers state-of-the-art patient care from the region's best doctors, powered by the groundbreaking research of the University of Miami Leonard M. Miller School of Medicine. From diagnosis to treatment and follow-up, UHealth's 1,300 highly trained physicians and scientists work in teams to deliver care that is tailored to each patient.

UHealth includes Sylvester Comprehensive Cancer Center, Bascom Palmer Eye Institute, UHealth Tower, and 31 outpatient sites providing comprehensive care in more than 100 subspecialties across South Florida. In addition to caring for the community, conducting innovative research, and educating the next generation, we are committed to improving the health and well-being of our community.

Using a data-informed approach and identifying the most pressing community health concerns within a specific geographic area, the health system is focused on improving health outcomes in the areas that need it most.

At the start of 2020, UHealth embarked on a Community Health Needs Assessment (CHNA) with Jackson Health System and Nicklaus Children's Health System. This is the first collaborative CHNA in Miami-Dade in which health systems came together to determine the health needs of the county. Our CHNA was a systematic, data-driven approach to determining the health status, behaviors, and needs of Miami-Dade residents. This information was used to inform the decisions and guide our efforts to improve community health and wellness through this Implementation Plan.

UHealth's leadership provides crucial oversight in the planning and implementation of our community health strategy. The plan becomes the multi-year guide to improving the health status of our community and targets the greatest needs that have been identified through the CHNA.

Our staff, programs, and services are well positioned to identify and respond to existing and emerging community needs. We also know that there is room to improve and expand our reach guided by equity, partnerships, and community input.

In alignment with our mission and vision, we work to optimize wellness and equity and eliminate disparities in our communities. This can only be accomplished by addressing each person's social needs as well as improving community conditions.

To address the unmet needs and priority areas, UHealth will focus on addressing downstream issues through prevention, education, and disease management programs and upstream issues through policy, system, and environmental change strategies.

“ We work to optimize wellness and equity and eliminate disparities in our communities.”

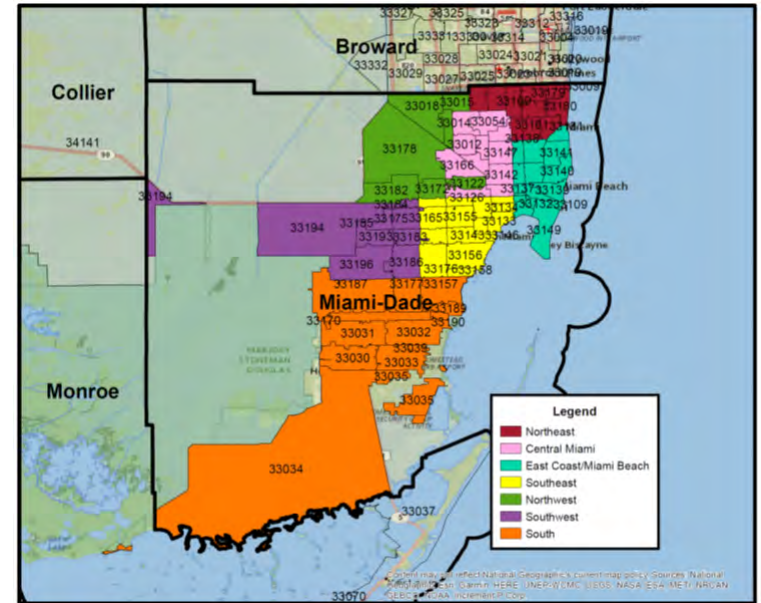




Miami-Dade County

Miami-Dade County, which was the focus of our collaborative CHNA and this Implementation Plan, encompasses 1,898.75 square miles and has a total population of 2,715,516 residents, according to the latest census estimates.

	Total Population	Total Land Area (square miles)	Population Density (per square mile)
Miami-Dade County	2,715,516	1,898.75	1,430.16
Florida	20,598,139	53,638.93	384.01
United States	322,903,030	3,532,068.58	91.42



MIAMI-DADE COUNTY RESIDENTS

68.0%

Hispanic or Latino*

42.2%

Living in Poverty*

19.7%

Linguistically Isolated*

* These percentages reflect some characteristics of the identified population and are higher than most descriptors contributing to overall health.

Identified Community Health Needs

Community Health Needs

The following areas of opportunity represent the significant health needs of the community, based on the information collected in the CHNA.

AREAS OF OPPORTUNITY

Access to Health Care Services	<ul style="list-style-type: none"> • Barriers to Access <ul style="list-style-type: none"> - Cost of Physician Visits - Finding a Physician • Routine Medical Care • Regular Dental Care • Difficulty Accessing Children's Health Care • Ratings of Local Health Care 	Housing	<ul style="list-style-type: none"> • Housing Insecurity • Unhealthy/Unsafe Housing Conditions
Cancer	<ul style="list-style-type: none"> • Leading Cause of Death • Prostate Cancer (Deaths and Incidence) 	Injury and Violence	<ul style="list-style-type: none"> • Homicide Deaths • Violent Crime Rate
COVID-19	<ul style="list-style-type: none"> • Economic Impact of the Pandemic • Mental Health Impact of the Pandemic • Health Care Delay/Avoidance • <i>Key Informants:</i> COVID-19 ranked as a top concern 	Mental Health	<ul style="list-style-type: none"> • Depression • <i>Key Informants:</i> Mental health ranked as a top concern
Diabetes	<ul style="list-style-type: none"> • Prevalence of Borderline/Pre-Diabetes • <i>Key Informants:</i> Diabetes ranked as a top concern 	Nutrition Physical Activity and Weight	<ul style="list-style-type: none"> • Children's Physical Activity • Overweight & Obesity [Adults] • <i>Key Informants:</i> Nutrition, physical activity, and weight ranked as a top concern
Heart Disease and Stroke	<ul style="list-style-type: none"> • Leading Cause of Death <ul style="list-style-type: none"> - High Blood Pressure Prevalence - High Blood Cholesterol Prevalence • <i>Key Informants:</i> Heart disease and stroke ranked as a top concern 	Sexual Health	<ul style="list-style-type: none"> • HIV/AIDS Deaths • HIV Prevalence
		Substance Abuse	<ul style="list-style-type: none"> • Binge Drinking
		Tobacco Use	<ul style="list-style-type: none"> • Use of Vaping Products

Action Plan

The following pages outline the major activities that UHealth will be implementing in collaboration with internal and external stakeholders to address the needs identified in the 2020 Community Health Needs Assessment.

At this time, UHealth will not address all identified needs in the Community Health Needs Assessment as part of this Implementation Plan in order to prioritize needs and enhance our impact on areas of focus. We recognize that all health needs prioritized by the community are important to address. We are committed to moving our mission forward through community health improvement efforts and extending our reach by partnering with other health systems and community-based organizations to address these disparities.

ACCESS TO CARE

What?	How?	When?	Measuring Results?
<p>Goal: Provide access to care for South Florida residents, including mental health services, cancer screenings and nutrition education and resources. <i>Note: Mental health, cancer and nutrition strategies inclusive of outcomes will be captured and cross-referenced to their respective priority need areas.</i></p> <p>Objective: Increase access to preventive health services and education for residents that reside in South Florida.</p>	<p>Host eight annual screening health fairs.</p> <p>Operate four community clinics throughout South Florida.</p> <p>Provide mental health services at health fairs and at SJB clinic.</p> <p>Partner with Feeding South Florida to provide nutritious food to health fair participants.</p> <p>Establish a nutrition counseling station at health fairs.</p>	<p>Year Round 2021-2022</p>	<p>% or # of people connected to services and received education.</p> <p>Improvements to health i.e., decreased blood pressure and A1C and medication management improvement.</p> <p>% or # of people connected to follow up care.</p> <p>% or # of people who receive nutrition counseling at health fairs and who receive food assistance.</p>

What?	How?	When?	Measuring Results?
<p>Goal: Create sustainable volunteer opportunities for nursing teams to contribute to and address healthcare social determinants of health.</p> <p>Objective: Through targeted outreach in specific zip codes within Miami-Dade County and in partnership with First United Methodist Church, provide health care resources and social support for those experiencing homelessness.</p>	<p>Establish a sustainable multi-disciplinary community nursing team that includes, social work, case management, and community-based organization referrals.</p> <p>Establish onsite clinic to provide wellness checks, diabetes, wound care, and cancer screenings.</p> <p>Provide educational and instructional health education materials.</p> <p>Establish an integrative committee that includes community-based organizations to share best practices and alignment of common goals and ascertain additional community needs.</p>	<p>Beginning 4th Quarter 2021 – 4th Quarter 2022.</p>	<p>% or # of people connected to services and received education.</p> <p>Increase access to health care in targeted communities to decrease health services social determinants of health by 25%.</p> <p>Increase number of residents served consistently by 50%.</p> <p>Questionnaires related to services, focus groups, documentation of services given, follow-up, tracking and randomized pre-test and post-test evaluation.</p>
<p>Objective: Increase access to care in the pediatric population to decrease barriers of access in underserved population. This is inclusive of pediatric primary care, mental health, social work and management of chronic conditions.</p>	<p>Deploy mobile units to these areas of high need: Doral, 33172 Little Haiti, 33138 Homestead, 33030–33034 South Miami, 33173 Hialeah, 33018, in addition to Liberty City and Little Havana.</p> <p>Working with the Department of Health to identify areas of high need for primary care.</p>	<p>Beginning 4th Quarter 2021 – 4th Quarter 2022.</p>	<p># of patients served and in targeted areas.</p>

What?	How?	When?	Measuring Results?
<p>Goal: Create sustainable volunteer opportunities for nursing teams to contribute to and address healthcare social determinants of health.</p> <p>Objective: Improve access to routine childhood and adolescent vaccinations in the areas of Miami-Dade County that have high non-compliance rates, in order to increase the substantial decline we have experienced because of COVID-19.</p>	<p>Deploy a pediatric mobile unit specifically to administer vaccines in high need areas of Miami-Dade County.</p> <p>Partner with the Department of Health to identify areas of high need for vaccination.</p>	<p>Beginning 4th Quarter 2021 – 4th Quarter 2022.</p>	<p># of patients served and immunizations administered.</p>
<p>Objective: Connect underinsured and uninsured patients with financial services for medical care through UHealth programming and/or initiatives.</p>	<p>Through the Department of Finance, Case Management and/or Social work assist patients in the enrollment of available financial assistance for medical services as needed.</p>	<p>Ongoing.</p>	<p># of patients enrolled in financial assistance programs.</p>

CANCER

What?	How?	When?	Measuring Results?
<p>Goal: Provide increased access to preventative cancer screening.</p> <p>Objective: Increase access to preventive cancer screening and education for residents that reside in medically underserved communities.</p>	<p>Partner with community and key stakeholders to promote cancer screening services.</p> <p>Provide free cancer screening through Sylvester Game Changer (cervical, colorectal, Hep C). Specifically in: Northeast Dade, 33162, 33179, 33180, 33162 Miami Gardens, 33056 Little Haiti, 33138, 33150 South Dade, 33177, 33146 Homestead/Florida City, 33033, 33034 Hialeah, 33010, 33012 Miami Springs, 33166 Miami Beach, 33139</p> <p>Participate in local community health fairs and other cancer related events to increase education and awareness.</p> <p>Partner with community and key stakeholders to provide COVID vaccines in coordination with ongoing COVID-19 outreach in high need areas.</p>	<p>Beginning 4th Quarter 2021 - 4th Quarter 2022.</p>	<p>% or # of people connected to services and received education.</p> <p>Increase uptake of preventative cancer screening among populations disproportionately affected by cancer burden.</p> <p>% or # of people screened.</p> <p># of health screening events.</p>

What?	How?	When?	Measuring Results?
<p>Goal: Vaccinate for COVID-19 the families and communities of our patient population.</p> <p>Objective: Promote COVID-19 vaccination in Miami-Dade County to the families and communities of our children, while educating the community to prepare for vaccination in children.</p>	<p>Partner with community organizations that provide resources to migrant workers' families in Miami-Dade County to promote vaccination and reduce COVID-19 vaccine hesitancy.</p> <p>Survey families of patients and children of the area about their fear/opportunity when the vaccine becomes available for children.</p> <p>Provide educational materials to families in the target language to mitigate hesitancy.</p> <p>Partner with other community programs to provide insights in hesitancy of COVID-19 vaccine.</p>	<p>June 2021–May 2022.</p>	<p># of people vaccinated.</p> <p># of surveys acquired.</p> <p>Qualitative data to get to know the needs of the community and quality of materials provided.</p> <p># of community partners (internal-University) reached.</p> <p># of community partners (external) reached.</p>

MENTAL HEALTH

What?	How?	When?	Measuring Results?
<p>Goal: To help alleviate the stigma of Mental Health, promote awareness and connect residents to services that support their health and well-being.</p> <p>Objective: Increase access to early intervention and services for mental health in order to decrease disparities in targeted communities throughout Miami-Dade County.</p>	<p>Partner with our internal stakeholders and other partners such as Jackson Health and Thriving Mind South Florida to increase awareness and create specific initiatives in identified communities.</p>	<p>Beginning 4th Quarter.</p>	<p># of outreach encounters and number of initiatives created.</p>

PHYSICAL ACTIVITY, WEIGHT AND NUTRITION

What?	How?	When?	Measuring Results?
<p>Goal: To support Miami Dade County residents in achieving better health outcomes and education about chronic disease management through Physical Activity, Weight and Nutrition initiatives and outreach.</p> <p>Objective: Increase access to culturally appropriate resources that promote physical activity and good nutrition using technology and other mediums that decrease barriers to these services in targeted communities.</p>	<p>Partner, support and promote internal and external activities related to digital health interventions through the development of the Healthy Huntos application that seeks to increase healthy lifestyle behaviors for parents and adolescents.</p>	<p>Beginning 4th Quarter.</p>	<p># of participants enrolled in program.</p> <p># people engaged through targeted outreach.</p> <p># of participants with a positive health change due to participation.</p>

Conclusion

As an academic medical and research institution, UHealth is deeply committed to the community that we serve. Continuous review of the CHNA Implementation Plan is a process that is ongoing. For each of the identified health needs, UHealth will work with internal and external stakeholders to strengthen existing services and where gaps exist, identify new collaborative initiatives to better serve vulnerable communities. UHealth, along with our partners, will work diligently to address the needs prioritized in this process by acting on the goals and objectives outlined in this plan.

For Inquiries Contact: Amy Gyau-Moyer, MS, MBA – *Director, Community Health Improvement* | agyaumoyer@miami.edu

