



CHALLENGE CANCER

ONE TEAM. ONE FIGHT.



REGISTER TODAY!



Join the Miami Dolphins at DCC XIV At The Hard Rock Stadium On February 24, 2024

Dolphins Challenge Cancer (DCC) is a signature Miami Dolphins initiative and the #1 fundraising event in the NFL. 100% of all funds raised directly support ground-breaking research at Sylvester Comprehensive Cancer Center.

The DCC's purpose is to improve people's lives through financial support for innovative cancer research at Sylvester, South Florida's only National Cancer Institute (NCI) designated cancer center.



NOVEMBER LUNG CANCER AWARENESS MONTH

What is lung cancer?

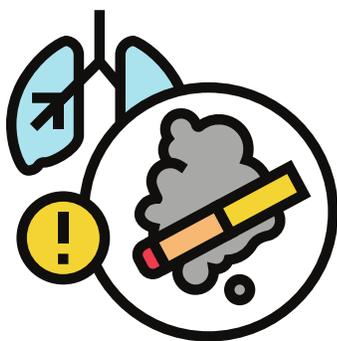
Lung cancer starts when cells in the lungs begin to grow out of control and form a growth called a tumor.

What is tobacco cessation?

Tobacco cessation is the process of quitting or stopping the use of tobacco products.

Benefits of Quitting Tobacco Products

- Within the first several days the carbon monoxide level in the blood drops to level of someone who does not smoke
- Quitting smoking is one of the most important actions people who smoke can take to reduce their risk for respiratory diseases
- Reduces the risk of disease and death from stroke with risk approaching that of never smokers after cessation



Risk Factors for lung cancer

- **Usage:** Smoking cigarettes, cigars, and pipes.
- **Exposure to radon:** A gas that happens naturally when rocks, dirt, and water break down. It cannot be seen, smelled, or tasted.
- **Secondhand Smoke:** Being exposed to smoke from other people.

Screening for lung cancer

A Low-Dose Computed Tomography (LDCT) scan is a special scan that uses minimal radiation to take detailed pictures of the lung.

Guidelines recommended:

- Between 50 and 80 years old.
- No signs of lung cancer.
- Have smoked cigarettes now or quit in the last 15 years.
- Have smoked at least one pack of cigarettes a day for 20 years, or two packs a day for 10 years, also known as a "pack year".

Check your eligible for Lung Cancer



TEAM SPOTLIGHT CORNER



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Scan to stay connected with all
the Sylvester Game Changer
vehicle Events



Together Strong: Game Changer Events in Review

Our spotlight shines on two of our all-star team members, who went above and beyond by personally donating supplies to The Haitian American Nurses Association's (HANA) humanitarian medical mission in Immokalee, Florida. Not only did our Outreach and Engagement Office provide essential goodies, but these two team members also pitched in to help hundreds of migrant workers, children, and families. In addition, as we wave goodbye to Breast Cancer Awareness Month, we're proud to reflect the Game Changer team has been busy spreading positivity and hope throughout the community, and we've got some awesome snapshots to prove it! Join us for a quick peek at some unforgettable moments and impact we have had in our catchment area as well as images from the mission trip.



Game Changer Event Bulletin

-  **Saturday,**
November 4, 2023 **11:00 am - 2:00 pm**
Broward Parks: Veterans Family Day
-  **Tuesday,**
November 7, 2023 **11:00 am - 3:00 pm**
Palm Beach County Library - Game Changer Screening Event
-  **Saturday,**
November 11, 2023 **10:00 am - 4:00 pm**
Key West Community Health Fair
-  **Wednesday,**
November 15, 2023 **9:00 am - 2:00 pm**
Sylvester Coral Springs Screening Event
-  **Thursday,**
November 16, 2023 **10:00 am - 2:00 pm**
Sheridan Technical College Screening Event
-  **Monday,**
November 20, 2023 **9:00 am - 1:00 pm**
Miami Dade County: Carrfour Housing Screening Event

Catchment Area Community Listening Sessions

In April and May 2023, Sylvester Comprehensive Cancer Center's Office of Community Outreach and Engagement conducted 14 diverse Community Listening Sessions, accommodating 106 community residents in both in-person and virtual formats, conducted in English and Spanish. We have made it a point to report major themes and important information, even if the responses from participants may not appear directly linked to the specific questions asked. This approach allows for a comprehensive outlook of the subject matter and more comprehension of the topics.

Question 1: If you had a limitless budget, what would you change or improve about your community?

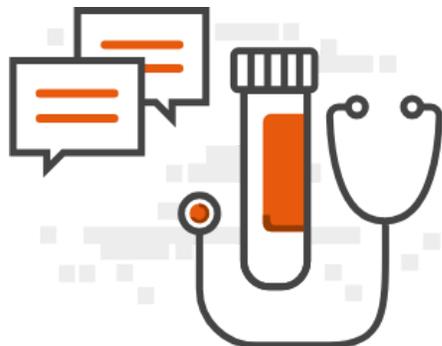


SAVE THE DATE:
Community Advisory
Committee
November 6th, 2023

Community members expressed a desire for increased access to fresh produce, improved healthcare, affordable housing, and health education. They also highlighted the importance of beautification programs, neighborhood safety, and cleaning initiatives. Homelessness, drug use disorders, mental health issues, and addiction were also significant concerns.



SCAN 360 IS AN
INTERACTIVE WEBSITE



KEY TAKEAWAYS

1. Healthier Food Choices
2. Affordable Housing and Healthcare Accessibility
3. Education and Disease Prevention
4. Community Beautification and Neighborhood Safety
5. Addressing Community Challenges

CAC MEMBER SPOTLIGHT GO2 FOUNDATION FOR LUNG CANCER

GO2 Foundation for Lung Cancer is a national nonprofit patient advocacy organization with extensive experience providing patient support services, community outreach and education, and conducting research. For more than 25 years, GO2 has connected with the community and provided community-based initiatives to address their needs, including pilot projects focusing on African-American, Hispanic, rural, and under-resourced populations.

Their wide portfolio of patient and caregiver support offerings include free print and online patient educational materials, webinar series, treatment and clinical trial navigation service that directs patients in the community to clinical trials; and other support services such as a 1-800 Helpline, phone buddy program, support groups, and political advocacy events.

A key component of many of their programs is the collection of data directly from the communities to allow a systemic analysis of real-world barriers and needs throughout the lung cancer care continuum. The support services and programs reach tens of thousands of patients and caregivers every year and our social media community engages over 100,000 strong. GO2 runs the global Lung Cancer Registry which collects longitudinal IRB-approved patient-reported information, regarding demographics, diagnostic and biomarker testing, treatments (including clinical trial enrollment), symptoms and side effects, and quality of life.

GO2 also has an active scientific research portfolio and extensive connections within the lung cancer screening and clinical care community consisting of over 850 hospitals in 42 states that provide optimal lung cancer screening. Partners participate in an annual survey providing self-reported data on various areas including patient demographics, care metrics, and barriers to care provision - providing a strong foundation of data for understanding country-wide issues.

